

STEVENSON UNIVERSITY ISOLATION & QUARANTINE PLAN

Fall 2020 Reopening

Prepared by the Wellness Center and
Residence Life and Housing

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Term Definition

Quarantine is for individuals who have had exposure to a positive case or are symptomatic

- The process of separating and restricting the movement of people who were exposed to COVID-19 to see if they become sick. Stevenson residents may quarantine at their permanent residence (or other appropriate off-campus location) or in their assigned room on campus. In cases where the student has a roommate and/or where the student's assigned space has 3 or more residents sharing a bathroom, the student will quarantine on the first floor of Belfast Hall.

Isolation is for individuals who have been confirmed as a positive case

- The process of separating people who have tested positive with COVID-19 (even if they don't have any symptoms) from people who are not sick. Residents required to isolate will be directed to return to their permanent residence (or other appropriate off-campus location). In limited situations, students may isolate on-campus in Belfast Hall.

Coordinator of Contact Response for Students (CCRS): the administrator charged with overseeing Stevenson's on-campus contact tracing. Jeff Kelly (or designee) will serve in this capacity.

Coordinator of Quarantine and Isolation Assignments: the staff member charged with assisting in the logistics including room assignments for those in isolation and tracking those in quarantine. Leslie Kintner (or designee) will serve in this capacity.

Prior to the Start of the Semester

Communication with students and families

- Staff will communication with students and families regarding plans for quarantine and isolation including:
 - Messaging re: the university goal of having any student who needs to quarantine or isolate to return home or to their permanent address for that period.
 - The location of the on-campus isolation spaces and expectations of the space, in the event that the student cannot go home or to their permanent address.
 - Plans and resources for quarantining in place.
- Students will be encouraged to bring the following with them to move in:
 - Face coverings
 - Hand sanitizer
 - Medical supplies: **personal thermometer**, Tylenol, Advil, cough medicine
 - Cleaning supplies including disinfectant (consider naming CDC recommended brands)
 - Health insurance cards
 - A cloth laundry bag* that can be washed with laundry
- Students will be encouraged to share any results of anti-body testing with the Wellness Center staff.
- Students will be encouraged to self-identify to Wellness Center if they have previously had COVID-19 prior to move-in and to supply Wellness Center with documentation from home health care provider.
- Student Affairs will communicate plans with university partners to educate them about how best to support a student if they are sick. Build up network of allies to help encourage students to communicate and follow guidelines.
 - Athletics
 - Supervisors of student workers
 - Scholars Programs lead
 - Academic Departments

Student Testing for those who are being recommended for Quarantine or Isolation

On campus:

- Please see Wellness Center's Testing Plan

If a student wants/needs to get tested off-campus:

Off-Campus Testing sites:

- The VIEP Center on Cronbridge Ln: No PCP order needed; 7-9 days for results; no cost
- Patient First: drive up testing; needs appointment; no order required but only those with symptoms or who are close contacts to a positive case can get tested.
- RightTime Medical: appointment needed; no order required; bills insurance or there is a \$135 charge without insurance; 3-5 days for results

Considerations

- Residents should transport themselves for testing, if possible.
- Our staff have confirmed with Jimmy's Cabs to transport round trip the drive-up testing center. Jimmy's Cabs do have plexi-glass in vehicles.
- After the test, resident would report to Isolation area (home/permanent address or Belfast Hall). If student will be staying in Belfast, Security will be alerted for student to have card access to the isolation building. Student would go straight to designated room and be instructed to lock the door behind them.

Student *is* able to go home/permanent address

- Instruct student to pack for going home/permanent address: everything they need or think they need for quarantine and possibly isolation.
- Once student has packed, if driving themselves, drive to Wellness Center for test/evaluation OR if student being picked up, wait in place for family to arrive to take them home.
- Before departing campus: stop at Wellness Center for testing and evaluation.
- Depart campus.
- Following testing:
 - Wellness: will contact Coordinator of Contact Response and Q&I Coordinator to initiate
 - Wellness: sends test to Quest
 - Wellness will be in touch with test results once they are obtained
- Wellness will clear for return to normal activity; no one will move during weekend or breaks

Resident Experience in Quarantine

When a student will be quarantined:

- If a student is a close contact of a positive case, the need for quarantine will be identified during Contact Response process.
 - Based on guidelines, close contacts should quarantine in place would for a minimum of 14 days.
- If a quarantined student becomes symptomatic, staff will follow the "Resident Feels Sick Process Map".
 - If symptoms are severe, student will be referred to the hospital.
 - If symptoms are mild, staff will follow the process map with guidance from the Wellness Center.
 - If the student is tested, and the test comes back negative, they could be released from Quarantine after 3 days of being fever/symptom free and being cleared by Wellness.

Where the student will be housed:

- Residents who need to quarantine will be asked to go home/ to their permanent address, if possible and safe to do so.

- Should a resident need to remain on campus while in quarantine, the location will be based on their space and availability of on-campus, residential space.
 - Residents who are assigned to a single bedroom and share a bathroom with 1-2 people (in an apartment or in the suites with a maximum of 3 people) will be able to remain in their room.
 - If a student in quarantine becomes symptomatic, they would be tested and moved to isolation in Belfast.
 - Their room would then need to be disinfected by PMM.
 - Any roommates/suitemates remaining in the space would be told to quarantine.
 - Residents assigned to a double room or who share a bathroom with more than 2 other people (double suites or any space in Wooded Way) would be moved to the first floor of the Belfast to quarantine.
 - If a student in quarantine within the isolation building begins to show symptoms, that student would remain in place on the first floor.

Daily considerations/support services:

- Health monitoring
 - Wellness Center staff will ask student in quarantine and isolation to self-monitor symptoms daily and their temperature twice daily. Students will complete the Symptom Tracker in Wellness Center Portal once daily.
- Meal delivery
 - Students will be asked at the beginning of the year to identify a Wellness Buddy, a similar practice for when students are diagnosed with the flu. The Wellness Buddy would be asked to bring meals and supplies to the student's door.
 - Wellness Center staff and Residence Life and Housing staff will provide Wellness Buddies with instructions and health and safety information.
 - Res Life and Housing/Wellness Center staff will work confirm the use of the dining services app for ordering ahead.
 - Staff will work with individual students who do not find a Wellness Buddy.
- Trash Removal
 - The Coordinator for Isolation/Quarantine Assignments will work with PMM when a room is identified with a resident in quarantine. PMM will create a trash pick-up schedule which will be communicated to the student.
 - PMM workers will leave a rolling bin outside of the room and knock on the door for the student to place trash into the trash bin. PMM will then work to safely remove all trash from the bin.
 - The schedule will fluctuate based on the number of students in quarantine.
- Laundry
 - Move-In paperwork will include instructions for students to bring at least 2 weeks of clothing items and a cloth laundry bag.
 - Should a student in Quarantine need to do laundry, Wellness Center staff will work with Synergy staff to collect and complete laundry. Current guidelines include –
 - Laundry collected in laundry bag
 - Do not shake laundry
 - Sanitize hamper and other containers
 - Laundry is safe to retrieve once cycle is complete

- Staff will check in with students who have been asked to quarantine every Monday, Wednesday, and Friday to confirm the following:
 - Meals are being delivered
 - Laundry status
 - Confirm trash pick-up days/times

Criteria for being released from quarantine (per CDC guidelines):

- If close contact: Minimum of 14 days in quarantine
- If symptomatic or COVID Positive: After a negative test and symptom free for at least 3 days
- Wellness will clear for return to normal activity; no one will move during weekend or breaks

Resident Experience in On-Campus Isolation

Student will report to isolation space once testing is completed and it is determined that the student cannot go home or to their permanent address.

Location: Belfast 114

- 31 bathrooms – 62 bedrooms

Supplies: The University will provide the following supplies in each room to reduce the number of items the student is taking to and from the Isolation space. Pillows-17

- Pillows
- Sheets
- Pillowcases
- White towels
- Comforters
- Trash bags
- Bottled water
- Toilet paper
- Tissues
- Shower curtain
- Pulse oximeter
- Thermometer, if needed

Prep hallways for delivery method of food/medication.

- Mount hooks outside each door
- Hang items on doorknobs

Reporting to Isolation in Belfast:

- Communication will be led by Coordinator of Quarantine and Isolation once need to remain on campus is confirmed. Residence Life and Housing staff will need to work with:
 - Security to have the student have access to Belfast 114
 - PMM – to disinfect original room and any common spaces

- Will need to work with roommates/suitemates to vacate the room until completed. Roommate/Suitemates would then need to quarantine.
- Student will be provided a bin to pack items from their room to take to the Isolation Space. Recommended items to include:
 - 2 weeks' worth of clothing
 - Toiletries in carry bag
 - Pillow
 - Personal medication including a thermometer, prescriptions, and over the counter needs
 - School supplies including books, notebooks, computer, and chargers
 - Snacks/fluids
 - Face covering, hand sanitizer, and cleaning supplies
- If student is able to take items to isolation, they will be instructed to do so. If not, a University staff member will be identified to bring the student's items to the isolation space.

Support services:

- Synergy Home Care – charging rate of \$42/hour with minimum 4 hours per day.
 - If number is between 1-6 patients, would recommend Monday, Wednesday, and Friday. We recommend increased staff or increased hours/day if the resident count increases beyond 6 patients. Depending on needs, Synergy recommends 1 staff member per 3 patients but recognizes the need for flexibility.
 - Synergy staff would assist with laundry, trash removal, delivery of supplies, and general needs of students in isolation.
 - Reserve lounge space for the Synergy staff member. This would include a supplies closet including extra bedding, trash bags, towels, tissue, bottled water, etc.
 - Residents will be discharged by the Synergy staff member. Tasks prior to student being discharged would include:
 - Completing laundry, including items the resident is taking from the isolation space, provided linens, and putting student's pillows in the dryer to sanitize.
 - **Synergy staff will provide their own PPE.
- Meal delivery
 - Student Affairs staff will work with Sodexo to confirm meal delivery.
 - We will plan for a daily survey of residents to order Brunch and Dinner from dining services. This would allow for food preferences/allergies to be taken into consideration. Another option could be using the Dining App to order food.
 - Dining Services Staff would deliver meals in to-go containers in plastic bags and hang bag on doorknob of each door.
- Wellness Checks
 - Wellness Center Staff will complete daily virtual check-ins with students to include symptom tracking and provide any needed medication; Wellness will take to patient room and leave on doorknob
 - Wellness Center staff will determine if student is in need of additional medical attention. 911 will be utilized if student needs to be transported to the hospital.
- After-Hours Care
 - Wellness Staff will still complete daily check-ins and symptom monitoring over the weekends/holidays.

- Security will provide standard assistance with assessing the need for 911 attention through phone calls.

Discharge from Isolation Space (as per CDC guidelines)

- Student will be cleared by Wellness Center staff to return to their assigned residential space after AT LEAST 10 days in isolation (no one will move over weekends/breaks) AND improved symptoms AND symptom free for 3 days, including fever-free without medicine.
- OR - 2 negative tests separated by 24 hours