Revamped Stevenson website focuses on prospective students

by LaShawna Williams
Villager staff writer

Stevenson University’s digital communications staff has recently unveiled a revamped Stevenson website and SU Portal.

The website received graphical changes to help improve the university’s nationwide academic presence. It allows external users to easily navigate the site and gain more information about Stevenson. Prospective students and other visitors can easily apply, plan a visit, learn more about programs, and read the latest SU news.

“The website was seven years old, not updated or very mobile friendly,” said John Buettner, associate vice president of digital communications.

The new SU website now uses responsive web design technology, making it easier to navigate on mobile devices.

The theme behind the website’s design is a mixture of Stevenson’s focus on career success and the unique personality of the university.

Along with the digital communications team, Systems Alliance, an award-winning digital technology company in Hunt Valley, Md., helped redesign the site. The website’s completion took 18 months due to extensive planning and research.

The digital communications team used research tactics such as a heuristic analysis which compared trends among websites to discover the flaws of the old website and make improvements.

While the changes to the website are beneficial to prospective students and mobile users, current students are struggling to find the resources they need. The new design directs current students to the SU Portal for all the information that current students, faculty, and staff.

The website’s new design layout begins with a slide show of the latest happenings at Stevenson. Under the larger slide show are a series of photos and videos that guide browsers through the events and news at Stevenson.

From the website, current students are led to the SU Portal to access the pages they need. Unlike the Stevenson website, which is intended for external use, the SU Portal is specifically created for internal users, including students, faculty, and staff.

The SU Portal is considered a one-stop shop for all the information that current students, faculty, and staff need. Through the portal, internal users can watch SU TV, discover weekly events, connect to quick links such as Blackboard and view Stevenson’s social media sites.

“The SU Portal looks inviting, modern and fun,” said senior psychology major Kimberly Truesdale.

But other students have different opinions about the portal. Since it contains financial aid and employee time sheet information, some students and staff have said that it does not feel secure. When one logs into an on-campus PC, the SU Portal is already signed into, which may present security and confidentiality problems.

Since the portal denies access to outsiders, the system is less likely to be hacked, which should give the portal “a sense of security for students,” said Buettner.

Allison Cuomo, web portal administrator for marketing and digital communications, designed the SU Portal. It was launched six months ago but was not heavily used until the Stevenson website was redesigned. Now all internal users are directed to the portal upon login.

Unlike the SU website that received dramatic changes, the SU Portal only received “minor changes over the summer, such as reorganizing information and freshening up the color scheme,” said Cuomo.

The SU Portal design layout begins with an applications box on the right side. Underneath the applications are visuals of Stevenson’s Twitter account and student accomplishments, among other items, such as the student employee of the month.

In addition, the portal lists current events throughout the entire semester, along with other helpful links, such as shuttle services and career services.

Future improvements for the Stevenson website include “blogging features for departments, more multimedia, and promotion of residence halls,” said Brandon Seidl, web director of marketing and digital communications.
Apple co-founder enlightens community about hardwork and creativity

by Nicolette Stoner
Villager staff writer

Steve Wozniak, who with Steve Jobs co-founded Apple Computers, came to Stevenson University on Tuesday, Jan. 14, in conjunction with his participation in the Baltimore Speaker Series.

Wozniak agreed to tell his story to Stevenson students and middle and high school students from nearby schools.

Wozniak said he wanted to be an engineer from a young age. When he was a child, computers were not affordable, and they were too big to fit in a house. Wozniak was not able to get one, so he decided to make one for himself. With his parents’ encouragement, he eventually was able to accomplish his dream of becoming an engineer who designed affordable computers.

Wozniak took a year off from college to design calculators, and continue his own side projects at home. Wozniak said that he designed computers because he wanted to improve communication and education. Wozniak created the Apple Macintosh computer, which was the only product to make money for the business during the first 10 years. It was the first computer with a keyboard and screen; before that, computers only had switches and panels.

Eventually, Wozniak wrote the code for iTunes, but he wasn’t selfish. He also wrote the code for Windows computers as well, so that Apple computers can also interface with Windows operating systems.

Wozniak completed other jobs on the side while working on and off for Apple. He created the universal remote control, and also went back to college at the University of California at Berkeley under the pseudonym Rocky Raccoon Clark. He even taught fifth grade for eight years.

Wozniak said he was not inspired by money; rather, he was inspired by his passion for everything that he did. He said that he knew he was in a field that he loved because it was fun, even when he wasn’t making money.

His advice to students was to “work hard, be good, have fun.” He added that students need to stay positive and excited, do things that they are good at, and be ready for a lot of hard work.

Students earn credit while enjoying all Panama has to offer

by Kevin McDonough
Villager staff writer

Fourteen Stevenson University students began their 2014 spring semester with newfound knowledge in international marketing and presentation theory, after having taken part in a study abroad trip to Panama over their winter break.

The trip, organized by Dr. Lawrence Burgee, department chair and associate professor of information systems, offered students the unique opportunity to learn abroad by taking a course in either International Marketing or Presentation Theory and Application, or both.

“The program was packed with activities,” said Burgee. A mix of classroom learning at Quality Leadership University and interactive tours and site visits to major companies including Caterpillar (Latin America Division), Nestle, and Copa Airlines, helped to provide the students with insight from industry specialists who have experience with international trade in the subjects of marketing and presentation.

The trip allowed students to experience many cultural aspects of Panama, including dinner and a traditional Panamanian show at Restaurante Las Tinajas, along with a baseball game at Rod Carew Stadium. They also took time to visit the Panama Canal to watch ship traffic pass through, among other activities.

“It does amaze me, that while we live in a world where the differences between people and cultures are increasingly diminishing, how I constantly continue to find things [on these trips] that you just don’t see in the states,” said Sidas Saulynas, instructor of information systems and faculty participant in the trip to Panama.

During their time in Panama, both the students and the faculty took away valuable knowledge and a deeper understanding not only of the subjects studied but of a unique culture.

“I learned that Panamanian marketers need to modify product promotional campaigns for nearly every country in Latin America. Each country has a unique culture and in order to be successful, your promotions need to be tailored to the specifics of that group of people...this adds a level of complexity,” said Burgee.

Saulynas said that he sees a change in the students after they return from the trip, one that works to better their classroom skills, and that “amazes” him.

“There is a quiet confidence, a loss of arrogance and a more open view… the possibilities they see [ahead of them] are vast,” said Saulynas.

A similar study abroad excursion is planned for Stevenson’s May term as well, from May 16 – June 2. The trip is a European Study Tour, with stops in London, Prague, and Munich, and will offer the same three-credit courses that were offered as part of the Panama Trip.

Stevenson students pose for a picture with their professors and their student ambassador from the Quality Leadership University.

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Saturday Night Live cast member to perform Feb. 16

**by Justin Trunko**

Villager staff writer

Stevenson University will present a comedy night featuring Saturday Night Live cast member and Weekend Update co-anchor, Cecily Strong, along with special guest Michael Patrick O’Brien, on Feb. 16, 2014.

For those who are not familiar with Strong, she is a cast member of the NBC hit television show, Saturday Night Live. She has also guest starred on Late Night with Jimmy Fallon.

Strong’s famous comedy bits include “The Girl You Wish You Hadn’t Started a Conversation with at a Party” as well as her role as a co-anchor on the Weekend Update with Jimmy Fallon.

Shakespeare’s Comedy of Errors debuting soon at the Studio Theater

**by Ebi Short**

Villager staff writer

Coming soon to Stevenson University is William Shakespeare’s “Comedy of Errors,” directed by William LeDent. The production will be debuting on Feb. 13 from 7 p.m. to 9 p.m. in the Studio Theatre on the Greenspring campus.

The play is one of William Shakespeare’s earliest plays. It is set in the middle of the 1940s in Morocco, where a condemned man is in search of his family after being separated from them in a shipwreck. The Duke of Ephesus grants him 24 hours to raise money to save his life.

The story quickly becomes complicated and humorous. The man’s son is in the same city searching for his father. That son has a long-lost identical twin brother who is also in the city, and the servants of the brothers are also identical twins.

“Comedy of Errors” will also be showing Feb. 14, 15, 20, 21, and 22 at 7 p.m. Tickets are $3 for students, $6 for senior citizens, and the general admittance is $10. Tickets may also be purchased ahead of time by calling 443-334-2618.

Fashion design students create exhibition to illustrate Italian culture

**by Jasmine Moses**

Villager staff writer

Io, Tu, E, La Moda (Me, You, and Italian Fashion) is an exhibition created by Stevenson University’s junior and senior fashion design students. The students partnered with Carroll County Career and Technology Center students in order to illustrate the theme of 2013: the year of Italian culture. “We charged our students with finding fabrics that were made in Italy and then using Italian design houses as sources of inspiration to come up with a small collection for men, women, and children,” said Sally Di Marco, fashion design program coordinator.

Stevenson teamed up with Carroll County Career and Technology Center high school students enrolled in the textiles and fashion careers department in order to give them experience in the fashion industry before going to college.

“The high school students helped with creating the exhibit, as well as with the installation process. “It’s not only to showcase their talents, but it is also a resume builder,” Di Marco said.

This exhibit gives Stevenson design students the opportunity to create their own designs, giving them experience in the fashion industry as well as a resume booster that could potentially get them a job in the near future.

“We want them to spread the word about all of the good things Stevenson has done once they find a job,” said Katarina Kozareva, fashion design instructor. The exhibition first debuted at Stevenson in the Saint Paul Companies Pavilion Gallery from Dec. 6 until Jan. 18, 2013, curated by Matt Laumann, cultural programs manager.

The exhibit has traveled to New York City where it will be featured during New York Fashion Week from Jan. 30 until Feb. 14, 2014. Next, it will arrive in Italy for a one-day exhibition in March and finally return to Stevenson. There will be a runway show in the university’s Inscape Theatre on April 26, 2014, at 7 p.m.
In many instances, people agree that less is more. However, when it comes to the amount of life experiences a person chooses to have, more is better. As the semester begins, we prepare ourselves for the stress of coursework and the rush of our busy lives. What we tend to forget is the importance of experiencing life.

At the end of last year, I celebrated my 21st birthday at a restaurant and sports bar that has karaoke. This particular karaoke session was hosted by Danny, the karaoke DJ with whom I have been singing since I was 12 years old. The nostalgic feeling crept up on me throughout the night as I realized how fast the time has gone. Of course, I wondered how Danny felt seeing me turn 21 while remembering the day I turned 13. It seems that the younger people are, the harder it is for them to comprehend the speed of life.

This revelation caused me to glance forward and make one last birthday wish in 2013. I wished, for myself, as well as my family and friends, that we would take more opportunities to learn, grow, and experience things. With this wish, there are no rules. Anything can count as an experience as long as it happens to us and we learn from it. The things that we go out and seek as well as the things that simply happen both qualify.

On campus, there are plenty of opportunities to explore and experience life. A new experience could be setting time aside to attend an event, or it could be as simple as making a new friend in class. If events are out of the question but extra time is available, find a course that looks interesting to you and ask the professor if you can come to a class meeting just to learn something new. Lastly, if you crave an experience you can’t school-related, consider learning a new trade, reading a new book, or exploring a place you’ve never been.

The next step to finding the perfect new experience is sharing it with someone. In early January, my new experience was learning how to sew, and it was shared with my mom. Although people always seem to have busy schedules, they might be complimented if you asked them to teach you something. Knowledge is one of the easiest things to share with someone else because it requires only time and patience.

Finally, I ask you to look forward in life. Think about how your life will be in the future and whether you have achieved everything you had hoped. When I am old, I won’t look back and think, “I wish I would have learned how to sew.” Instead, I’ll look back and think about what I learned and how grateful I am to have experienced it.
“The Wolf of Wall Street” sheds light on history of Wall Street and Stratton Oakmont

by Mark Panetton
Villager staff writer

Martin Scorsese directed “The Wolf of Wall Street,” which depicts the story of renowned stockbroker Jordan Belfort, played by Leonardo DiCaprio. The film follows the eventful life of Belfort, including his rise and fall on Wall Street as he strives to reach the American dream.

However, the dream for this character, it is more like corporate greed. Belfort is a gifted salesman who begins selling penny stocks to the public before becoming the gifted salesman who begins selling penny stocks to the public before becoming the founder of Stratton Oakmont in his early twenties. At this company, he finds success selling more penny stocks and IPOs, which earns him the title, “The Wolf of Wall Street.”

The movie focuses on the wealth, crime, and corruption inside of Stratton Oakmont and Wall Street. It follows Belfort and the decisions he makes that set him up for his career.

He lives a lavish lifestyle with an extravagant yacht and mansion in Long Island, N.Y. Due to Belfort’s addiction to sex, drugs, and money, the federal government quickly catches on to his antics.

Stratton Oakmont and the thousand employees who worked there were taken down in the late 1990s by the federal government for security fraud, money laundering, and stock market manipulation. In other words, the company was a penny stock boiler room that sold stocks to the public and took the commission, knowing that it was a weak investment for the buyer.

Stratton Oakmont was also known for manipulating the IPOs for many companies that did not have as bright of a future as the employees made it seem. However, there was one successful IPO offered by the company, and that was the IPO of Steve Madden Ltd.

It just so happened that Steve Madden was a high school friend of Donnie Azoff, the right-hand man to Jordan Belfort. The role of Donnie Azoff was played by Jonah Hill, and his acting portrayed this character very well.

At first, it was surprising to see Jonah Hill playing such a different role compared to those in his repertoire. Rather than a goofy, hilarious and carefree character, Hill plays a more intense role as a very wealthy broker.

Although the role of Donnie Azoff is serious, Hill manages to incorporate some humor into the role. The duo of DiCaprio and Hill is a big success. Actor Kyle Chandler also contributed a great performance while playing the role of Agent Patrick Denham, the man who takes down Belfort.

This is yet another dramatic, insightful film to be included in the Martin Scorsese collection. Each role was played by a talented actor, and overall “The Wolf of Wall Street” was very engaging.

Chick & Ruth’s offers comforting atmosphere and food

by Lucy Diaz
Villager staff writer

If you’re looking for a small, hole-in-the-wall restaurant, then Chick & Ruth’s Delly is the place for you. Their extensive six-page menu includes everything from cheeseburgers to giant crab cakes. This restaurant in Annapolis, Md., has a great atmosphere and excellent food to go with it.

The building was built on a historic foundation in 1899 and was originally the Annapolis City Hotel. The deli was founded by Chick and Ruth Levit, who originally wanted to make the place a bed and breakfast. They had the deli on the bottom floor, and above it were to be 12 rooms and two bathrooms for visitors. Although this was their dream, they did not have the resources to do so.

Years later, Chick and Ted, the sons of Chick and Ruth, decided to rebuild the place in order to create the Scovil Inn Bed & Breakfast. This establishment was named after Chicks and Ruth’s grandchildren, Scott and Lauren. Ted Levit and his wife Beth now run Chick & Ruth’s Delly.

The restaurant is an all-American eatery. It is a small yet comfortable place, and the hosts and servers are delightful, attentive, and outgoing.

The deli is also committed to serving the community. The employees support the military, cancer foundations, and everyday customers.

The menu is endless and has the ability to satisfy all cravings. For visitors who are especially hungry, the menu includes four great colossal challenges.

These include a three-pound cheeseburger, a three-pound sandwich, a six-pound shake, and the great Man vs. Food challenge, which consists of a six-pound shake and a choice of one of three challenges.

This deli has received public notoriety because of its many visitors. The food is delicious, and although the space is small and the deli is often crowded, the people who work there make up for it.

Chick & Ruth’s is very family-oriented, located right by the harbor with a street full of activities. The location makes it easy for visitors to spend a whole day in the area and still find plenty of things to keep them occupied. For those who seek a new place to visit in Annapolis, Chick & Ruth’s Delly is definitely an eatery worth trying.
Exercising the correct way can lead to positive and healthy results

by Frankie Reynolds
Villager editorial staff

It’s that time of year again: people are making New Year’s resolutions to get into shape. They’re buying gym memberships, getting workout partners, and starting new routines. If you’re one of these people, then stop — this idea to “get fit” is fantastic, and there is no doubt that you will feel better about yourself and your body once you are in shape. However, there are a few things to know before starting a new program.

Don’t skip leg days. It cannot be stressed enough. As much as you may be tempted to do bicep curls until your arms fall off, squatting and doing other leg exercises are much more important to your success than overworking your arms.

People tend to neglect legs, in part because they do not seem to get the same flashy and pumped-up look that they do when they work out their upper body. This is true, and at first it may not seem like an issue, but after a few months of strictly upper body work, your body will start to look disproportional.

Another reason you should work legs, according to the 2013 article The Importance of Leg Workouts, is that it will actually improve the strength and size of all your other muscles due to the body’s hormones that can only be released after intense muscular activity, such as heavy squats and leg press. This release will spill over into all of the other muscles of your body. Therefore, working out your legs can also make your triceps bigger.

Cardio, not crunches, will get you a six-pack. People often tell their peers “I don’t have abs.” This is not true. The book Strength Training Anatomy reiterates the fact that everyone has abs, but some people have a slimmer waistline and are able to show theirs more easily. The only way to get that cut look is to lose mid-section fat, and the best way to do that is via cardio. Crunches can help; however, abdominal exercises build muscle and don’t burn much fat. That means that once your abs show, you can make them bigger and more defined by doing different ab workouts. However, that will not help you get a six-pack if you have a thick layer of fat covering your abs. Doing cardio a few times a week before or after a workout (or on off days) can significantly help in this regard.

Form is everything. Remember that proper form when doing exercises is essential. The book Which Comes First, Car di or Weights? reminds us that form is vital to your success because not only will more muscle be built, but you will also decrease the risk of injury. If you are not sure how to do an exercise, then Google it or ask a friend. Nothing looks more absurd than doing an exercise completely wrong and getting hurt in the process.

Train to failure. This line of thinking, according to bodybuilding.com, will help you reach your goals in a more effective way than ever before. When starting a workout, focus on different muscle groups with a weight that you are able to lift between 8 and 12 times per set.

After your body starts to see positive gains, you must decide whether or not you want to focus on getting bigger muscles or muscles with a high endurance (the universal line of thinking is that low reps-high weight will make one look “bulker,” while high reps-low weight will give the muscles a toned look with more endurance). Whatever you decide, it should be done by pushing your body to the limit. Doing sets until failure, coupled with effective nutrition and supplementation, will break down muscle tissue to new levels that cannot physically be reached by setting a limit to the number of reps that you are willing to complete in a set. Your muscles will burn, and you will be sore, but the results will be worth it.

Stretching is good, but not for the reasons you may think. Shape.com says that stretching can help increase oxygen flow to the brain, which can ultimately lead to a healthier body and a more confident attitude. What it does not say, however, is that stretching is a must before lifting. A common misconception among lifters everywhere is that stretching prior to working out will help prevent injury. In 2000, McGill University sports doctor Ian Shrier stated that while static stretching (stretching while standing in one place) will increase your range of motion, there is no evidence to suggest that it will help to prevent injury. Ever since this research, there have been hundreds of studies to try and prove it. What these studies found is that he was probably right: stretching is not related to the prevention of injuries, but it doesn’t hurt, either. Warming up, on the other hand, is vital, and that is why taking a light jog before intense exercise is substantially more effective than stretching.

This does not mean that you have to stop stretching; it just means that you do not need to feel obligated to. If you feel better stretching before exercising, then there is no evidence to suggest that it will harm you.
and finding emotional stability can boost well-being

Eating healthy and controlling your food choices make a difference

by Jarret Bragg
Villager staff writer

Staying healthy in college is extremely difficult, since it is your first big step towards independence. Along with freedom comes responsibility, however, and taking care of your body is now up to you.

Therefore, implementing healthy eating habits, dedicating time to exercise, and developing sound sleeping patterns are the solutions to the “Freshman 15,” and any college weight gain at all.

Amid all of the equally demanding priorities for college students, it’s easy to understand that the same effort is not given to maintaining their health. Most college students have a youthful vitality that causes them to take good health for granted, according to Faith and Fitness Magazine. However, implementing healthy habits now when you are in the beginning stages of self-responsibility will make it easier to follow the same regimen throughout life.

First, it’s imperative to take control of your diet. Maintaining a healthy diet assists your immune system, prevents sickness, increases weight control and overall health. It’s difficult to eat healthy in college when your options are cafeteria food and fast food restaurants. Referring to the USDA’s www.ChooseMyPlate.gov, you can find resources, including the new “food pyramid” shown at right, to help you eat healthier. Sodexo has committed to serving healthier meals with vegetarian and gluten-free sections. Many students may also overlook the lemon and cucumber waters, which detoxify, help with weight loss, give you an energy boost and fight off viral infections. These beverages are a great alternative to soda, especially diet sodas. A study from Purdue University found that the more diet sodas a person drank, the greater was their risk of becoming overweight; two or more cans a day can increase waistlines by 500 percent. Artificial sweeteners can disrupt the body’s natural ability to regulate calorie intake based on the sweetness of foods.

It’s also important to not skip meals. It may be difficult to eat breakfast when you have 8 a.m. classes, but you have to wake up earlier and grab a granola bar or a banana in order to keep your brain fueled and maintain your metabolism.

For the late nights dedicated to studying or working on papers and projects, simply try to eat healthier snacks, including fresh fruit, unsalted nuts, or unbuttered popcorn.

Fitting exercise into your schedule is also a must. On any campus, walking to class could add exercise every day, and it can help burn calories without even realizing it. Joining a physical fitness class or an intramural sport are options, and you could also take advantage of the university’s free fitness centers, located on the Owings Mills and Greenspring campuses. You can see more exercise tips on page 6.

Finally, you must develop healthy sleeping habits. Humans are designed to need sleep; it is essential for the function of the brain and body. According to the Faith and Fitness Magazine, being deprived of sufficient sleep, seven to eight hours a night, can affect our ability to learn and our mood, and both impact our relationships and academics. Healthy eating habits and sleeping patterns, along with exercise, can make for a healthier you.

Mental and emotional health are linked to academic success in students

by Chris McKneely
Villager staff writer

Stevenson University offers services for students’ physical, mental, and emotional health. While in a stressful school environment, it may be hard to maintain personal wellness; however, the university offers ways to stabilize mental and emotional health through personal connections between students, teachers, and staff members at the Wellness Center and Academic Advising.

Wellness services are offered through the Wellness Center and The Office of Academic Advising. All services are available for students, and their sole purpose is to ensure that students succeed. The office works in correspondence with one another so that efficient counseling can be given to each student.

Those suffering from depression, family troubles, a hectic semester, or injury are just some examples of the sorts of student troubles that the two programs face on a daily basis. “There is a two-phase process: long-term counseling and academic coaching and mentoring,” said Cassandra Jones, director of academic advising. “There needs to be a long plan and process to help them so that these troubles don’t reoccur in the future. When dealing with students in any situation, both of these are placed at the top of their priority list, right behind the most important thing, which is getting in connection with the Wellness Center and getting this student the help they need.”

Students who go to either of the programs, there will still be connected with the other through email and/or by phone. It is important to target both aspects of the student’s life, academic and mental/emotional, in order to prevent any sort of problems with either. Students need to be mentally healthy in order for the staff in Academic Advising to assist with the student’s school work.

When dealing with a student that comes to advising with extreme emotional instability, there has never been an incident where the Wellness Center or Academic Advising were unable to connect in that moment with the other side, said Jones.

For students who would like to find out more information on mental health and emotional stability; brochures can be found inside the Wellness Center. Students can also find information about mental and emotional health by going to the Stevenson website, clicking on the SU Now Portal, signing in and selecting the Wellness Center link on the bottom left side of the web page. The link is directly under a small image of a stethoscope with the words “Wellness Center.”

All staff members can be reached by email, which can be found on the staff directory link on the Stevenson web page, if the student wants to contact a specific staff member about problems they are having.

An infographic shows many different statistics about college students and mental illness, including “30 percent reported problems with school work due to a mental health issue.”
It's Time. Do Yourself a FAFSA: Fill it out today!

Financial aid and scholarships are an integral part of paying for college. The FAFSA (Free Application for Federal Student Aid) is an annual application and takes only about 30 minutes to complete. Many students and parents assume that they will not qualify for aid and choose not to apply or apply very late. It is not too early to think about how you are going to pay for fall 2014.

The first step in applying for financial aid and scholarships is to apply for the FAFSA at www.fafsa.ed.gov. The online application helps reduce student errors.

The FAFSA asks for information regarding the size of your family, how many people in your family are in college as well as information from you and your parent’s (if you are a dependent student) taxes and sources of untaxed income.

File the FAFSA by February 15 in order to meet SU’s deadline. 002107 is the Stevenson University school code that must be included on the form. The deadline for consideration for Maryland State aid is March 1.

You should estimate income information on your FAFSA if your 2013 federal tax return is not ready at the time you apply. Once you complete your income tax return, you can correct your FAFSA entries by using the IRS Data Retrieval process which allows your tax information to be imported directly from the IRS into your FAFSA application.

Students applying for the FAFSA online will need a signature pin to sign the electronic application. Dependent students will also need parent to sign the FAFSA so that parent will need to request a pin. If you can’t remember your PIN or need to get one, you may do so at www.pin.ed.gov.

A number called the EFC (expected family contribution) will be calculated from the information you input on the FAFSA and that number will determine your eligibility for federal, state and institutional funding. Federal aid may include grants (which typically do not need to be repaid), federal work study and loans.

SU Financial Aid office recommends that all students fill out the FAFSA form. It is important for all students to regularly check emails for important updates.

Please call 443-334-3200 for more information.

Thanks to the Office of Financial Aid for their initiative with this article. Amy Spinnato is the associate director of financial aid at Stevenson University.
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| FEB. 8 vs. LYCOMING | 1 P.M. |
| FEB. 15 vs. ALBRIGHT | 1 P.M. |
| FEB. 18 vs. ELIZABETHTOWN | 8 P.M. |

STEVENSON WOMEN’S BASKETBALL
2013-14 HOME SCHEDULE

| JAN. 25 vs. ARCADIA | 3 P.M. |
| JAN. 29 vs. HOOD | 6 P.M. |
| FEB. 8 vs. LYCOMING | 3 P.M. |
| FEB. 15 vs. ALBRIGHT | 3 P.M. |
| FEB. 18 vs. ELIZABETHTOWN | 6 P.M. |

For tickets or more information, visit GOMUSTANGSPORTS.COM
SU women's hoops continues 4-2 in conference play

**by Brent Hiken**

Villager staff writer

With a 9-8 record, the Stevenson University women's basketball team is coming off a 20-point win over Arcadia by a final score of 62-42. Junior Kayla Kelly led the team to victory with 13 points and 4 assists, while Caitlyn Roy added 11 rebounds for the Mustangs.

According to head coach Jackie Boswell, the Mustangs are pleased with where they are at this point in the season. Boswell explained, "Our out-of-conference schedule is very difficult so we were not really worried about wins and losses; we are more concerned about playing good basketball at a high level."

The Mustangs' goal is to perform well within the MAC Commonwealth conference, so the win over Arcadia was very important. "Our goal is to win the MAC and anything less than that will be a disappointment," said Boswell.

Lebanon Valley will be the toughest game of the conference, but Boswell believes that any team can really beat anybody on any given day.

In the past three weeks, the Mustangs have also competed against Albright, Lebanon Valley, Messiah, Lycoming and Lebanon. Boswell is enthusiastic in her gratitude to the Mustang fans for all their support this season. The next home game will be on Saturday, Feb. 8, against Lycoming College at 3 p.m.

**Stevenson's men's volleyball opens season ranked 11th in nation**

**by Samantha Perillo**

Villager staff writer

Finishing their 2013 season at 10-6 in the nation with a record of 26-12, the Stevenson men's volleyball team is preparing for another successful season while strengthening every aspect of their game.

This season the bar is set at winning a national championship title in NCAA Division III. The Mustangs believe their determination and hard work will drive them to victory. With last season behind them, the team has set its goals to bring Stevenson another championship.

The Mustangs expect a challenging season. They opened their season ranked 11th in the nation and third in the preseason poll of the Continental Volleyball Conference. With one of the hardest schedules in Division III men's volleyball, Stevenson must rally against their top competitors in order to accomplish their goals. With only six home matches, the Mustangs also must face their opponents mostly on the road.

"The guys worked hard in the off-season to be a top-10 team and to reach a national championship, which is our goal," said head coach Joe Tagye.

While anticipating strong competition this season, the Mustangs challenge each other in order to reach their potential. Tagye adds, "We didn't lose any starters from last season, so we have everyone coming back this year, while adding some new talent as well increasing the competitive level for practices so we can get ready to play a difficult slate of games."

With the same lineup from last season's team, the Mustangs have an advantage over their competitors.

"Our expectations have grown from our success last year, and we are continuing to build on it. We want to win a national championship, but we must take on each game as if it is the championship and play our hardest. We have a strong bond as a team, and we want to bring more success to this program. It is important to show our top competitors that we're the team to look out for," said senior co-captain Jon Martin.

**Fast times earn SU runners a spot in ECACs and MAC championship**

**by Anthony Arcell**

Villager staff writer

With only two meets under their belt, Stevenson's track & field team has already had players qualify for both ECAC and MAC Commonwealth Conference Championships.

The Mustangs' second meet took them to Lebanon Valley College for an invitational on Jan. 25. The meet was led by Williams and Niederhofer. Williams placed first in the 55-meter dash with a time of 6.64 seconds and Niederhofer placed third in the 55-meter hurdles with a time of 8.40. This earned them each a spot in the MAC Indoor Championships.

"I really wanted to qualify for hurdles this year since I haven’t done hurdles for a full year," said Niederhofer.

Simpson also qualified for the championships in the 55-meter dash with a time of 6.59. Shane Skyrys gained a spot as well in the triple jump with a distance of 11.82 meters.

Qualifying for the MAC Indoor Championships in the shot put with a distance of 9.95 meters, Sherrie Wallace led the women’s team at the LVC Invitational.

Junior Kayla Kelly makes a move as she dribbles past her opponent. Kelly had a team-high of 15 points in the Mustangs’ loss to Widener 67-63.
SPORTS

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Women’s ice hockey expects to finish 2014 season strong

by Gabrielle Kuhar
Villager staff writer

Despite a tough streak in the season, the Stevenson ice hockey team remains optimistic that the season will turn around. Since Nov. 22, the Mustangs have played a total of 12 games, bringing their record to 3-11-1 since the beginning of the season on Nov. 2.

The Mustangs came out with two wins at New England College on Jan. 10 and 11. On Jan. 10, the Mustangs defeated the Pilgrims 5-1 with two goals by sophomore Brooke Webber and goals by sophomore Molly O’Neill, Liana Vasquez, and Jessie Capanelli. On Jan. 11, the Mustangs finished the weekend undefeated with goals by Rachel Martell, Molly O’Neill, and Megan Alexander, giving the Mustangs a 3-2 victory over the Pilgrims.

Stevenson is battling tough teams this season, leading to losses against Franklin Pierce (4-1 and 4-2), St. Benedict’s (4-2 and 8-4), Connecticut College (5-1 and 5-1), Umass Boston (4-3), Neumann (3-2), Manhattanville (4-0), and Elmira College (5-4).

The Mustangs faced an especially challenging 5-0 loss to the #3-ranked team, Elmira College, on Jan. 18. The Eagles led the Mustangs 4-0 after the first period.

“I think there are certain things that our team needed to capitalize on, especially during the first period, and we didn’t,” said sophomore Megan Donohue. “Elmira is a well-skilled passing team with great positioning, and one of our weaknesses was not being in the passing lane and intercepting their quick passes,” she added.

The Mustangs added their fifth goal on a power play just two minutes into the third period. “They are a good team. Coming off of a national championship, they have a ton of confidence and a great deal of talent,” said assistant coach Joey Lye. “I think we had a good game overall; they simply capitalized on our defensive breakdowns,” she added.

Although the Mustangs have dealt with tough losses this season, they are not letting it affect their desire to finish the season on a high note.

“For the remainder of the season we expect to cut back on penalties, capitalize on scoring opportunities, and try to win a good percentage of the remaining games,” said sophomore Sydney Hughes. One of the biggest competitors in the remainder of the season will be SUNY Oswego, said Hughes. “I would say they might be our toughest game, especially since they will be running for us due to last season,” said Lye. The team defeated Oswego in three of the four games played in the 2012 season and they will face off again on Feb. 1 and 2.

“My expectations for the remainder of the season are mainly to finish strong as a team,” said sophomore Lindsey Lawrence, “and hopefully win the rest of our games to improve our record,” she added.

UPCOMING GAMES

Men’s basketball vs. Lycoming --- Saturday, Feb. 8 at 1 p.m.

Women’s basketball vs. Lycoming --- Saturday, Feb. 8 at 3 p.m.

Women’s ice hockey vs. UNE --- Friday, Feb. 14 at 2:30 p.m.

Men’s basketball vs. Albright --- Saturday, Feb. 15 at 1 p.m.

Women’s basketball vs. Albright --- Saturday, Feb. 15th at 3 p.m.

Women’s ice hockey vs. UNE --- Saturday, Feb. 15 at 5:30 p.m.

Men’s lacrosse vs. York --- Saturday, Feb. 15 at 7 p.m.

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ATHLETES of the WEEK

Stephanie Martinez
Sophomore
Women’s basketball

Austin Jacoby
Senior
Men’s volleyball

Stephanie Martinez hit a three-pointer with 0.3 seconds remaining to lift the Mustangs over Messiah College, 72-70.

Austin Jacoby had a team-high six kills, posting the 1,000th of his career in the first set to lead the Mustangs to a victory over Lancaster Bible.

Athletes of the Week selected by The Villager’s sports editors